



## PERSONAL EQUIPMENT LIST – BASECAMP & FAMILY ADVENTURES

(Leader: Please copy & distribute)

If you will be involved in any of the following activities, either apart from or in addition to a full-scale backpacking trip, **please** bring the following items in addition to your normal change of clothes.

### Rock Climbing

Avoid tight clothing that will hinder a full range of motion

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|--|--|
| <input type="checkbox"/> LONG PANTS ( <i>required</i> to participate in rock climbing) | <input type="checkbox"/> Something to tie your hair back |
| <input type="checkbox"/> Raincoat  | <input type="checkbox"/> Sunscreen                       |
| <input type="checkbox"/> Closed toe shoes. No sandals or flipflops.                    | <input type="checkbox"/> Lip balm                        |
|  | <input type="checkbox"/> Sunglasses                      |

### Browns Canyon Adventure Park

Avoid any loose or dangly clothing or items. No loose jewelry, drawstrings, nothing in pockets.

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|--|--|
| <input type="checkbox"/> Outdoor clothing, no skirts, dresses. Long pants or long shorts are ok. | <input type="checkbox"/> Something to tie your hair back |
| <input type="checkbox"/> Closed toe shoes  | <input type="checkbox"/> Sunscreen                       |
|  | <input type="checkbox"/> Lip balm                        |

### Day Hiking

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|---|---|
| <input type="checkbox"/> Shorts   | <input type="checkbox"/> Sunscreen  |
| <input type="checkbox"/> Long pants                                     | <input type="checkbox"/> Lip balm   |
| <input type="checkbox"/> Wool or fleece/pile jacket (nothing too bulky) | <input type="checkbox"/> Sunglasses   |
| <input type="checkbox"/> Raincoat (provided if you do not have one)     | <input type="checkbox"/> Water bottle (1 quart Nalgene bottles are best; we will provide them but it is nice to bring your own; we also have them to purchase in our lodge) |
| <input type="checkbox"/> Wool or fleece/pile hat or cap                 |   |
| <input type="checkbox"/> Hiking boots (High top tennis shoes-OK)        |   |

### Half and Full Day Rafting

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|--|--|
| <input type="checkbox"/> Swim suit   | <input type="checkbox"/> Sunscreen   |
| <input type="checkbox"/> Nylon quick drying shorts                           | <input type="checkbox"/> Lip balm  |
| <input type="checkbox"/> Polypro clothing (available for rental from Noah's) | <input type="checkbox"/> Sun visor or ball cap   |
| <b>NO COTTON CLOTHING!!!!</b>  | <input type="checkbox"/> Sunglasses  |
|  | <input type="checkbox"/> Disposable Waterproof Camera (available for purchase at Noah's) |

### Overnight Rafting

Note: We provide you with dry bags for the trip.

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|--|--|
| <input type="checkbox"/> All of the above items listed for half and full day rafting | <input type="checkbox"/> Additional old pair of footwear (one for camp, one for raft)  |
| <input type="checkbox"/> Long pants  | <input type="checkbox"/> Bug repellent   |
| <input type="checkbox"/> Pair of shorts  | <input type="checkbox"/> Any necessary medication  |
| <input type="checkbox"/> Short sleeve shirt  | <input type="checkbox"/> Sleeping bag rated to 20° or warmer (Rentals available for \$7 per night. <b><u>Sleeping bags can be reserved in advance to guarantee availability.</u></b> ) |
| <input type="checkbox"/> Long sleeve shirt   | <input type="checkbox"/> Tents (provided by Noah's on Basecamp trips)  |
| <input type="checkbox"/> Wool or fleece/pile jacket (avoid bulky items)              |  |
| <input type="checkbox"/> Wool socks  |  |
| <input type="checkbox"/> Toiletries  |  |

**Noah's Ark rents the following gear (no reservations necessary; prices subject to change.)**

	Full Day	Half Day	
Polypro Shirt	\$3.00	\$2.50	<b>Other Items:</b> Sleeping Bags     \$7.00/night (with insolate pad) Showers             \$0.50 for 5 minutes (quarters)
Wetsuit	\$9.00	\$7.00	
Booties	\$6.00	\$4.00	
Splash Jacket	\$5.00	\$7.00	

### Overnight Stay on the Campground

If you are staying on the campground, bring your own tents if your group is not reserved for a weatherport. Bring or rent a 0°-20° sleeping bag and pad. Air mattresses or cots are discouraged. Optional, bring a towel and any toiletries you need for showers, necessary medication, glasses or contacts, hand sanitizer, etc. Headlamp or flashlight, water bottle. Matches or lighter, and newspaper/kindling for campfires, when allowed. Firewood is provided.

**Electricity is extremely limited on the campground.**