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RAFTING PRE- TRIP INFORMATION

(Leader: Please copy & distribute)

Here is your equipment and trip information for your rafting experience with Noah's Ark!. Following these recommendations and suggestions will make your trip more enjoyable and help us provide you with the best possible service. Please read each section carefully, and if you have any questions please call us before your arrival.

#1 APPROPRIATE CLOTHING - *note: you will get wet*

- Swim suit
- Nylon quick dry shorts or athletic pants and top (UnderArmour, polypropylene/synthetic fabrics)
- Secure shoes—no Flip Flops or Crocs. Old tennis shoes, or sandals with backstrap if they are made for river activity
- Lip balm and sunscreen, 30 SPF or higher (Strongly recommended due to the high altitude and the sun's reflection on the water).
- Sunglasses w/keeper strap
- *optional—Hat with brim to protect face and neck. Helmets will be provided.
- *optional—Disposable waterproof camera (available for purchase at Noah's)
- DO NOT WEAR ANY COTTON. COTTON STAYS WET AND COOLS THE BODY DOWN!**

#2 OVERNIGHT RAFTING All the above items listed for half and full day rafting plus:

- Long pants
- Pair of shorts
- Short sleeve shirt
- Long sleeve shirt
- Wool or fleece/pile jacket (avoid bulky items)
- Additional old pair of footwear (one for camp, one for raft)
- Wool socks
- Toiletries
- Bug repellent
- Any necessary medication
- Sleeping bag rated to 20° or warmer (Rentals available for \$7 per night. **Reserve in advance to guarantee availability.**)

*Note: We provide you with tents and dry bags for the trip.

#3 RECOMMENDED RENTAL CLOTHING

HALF DAY

FULL DAY

- | | | |
|--|--------|--------|
| • Polypropylene Shirt (polypro) | \$2.50 | \$3.00 |
| • Full Length neoprene WETSUIT w/polypro shirt | \$7.00 | \$9.00 |
| • Neoprene BOOTIES for your feet | \$4.00 | \$6.00 |
| • Splash Jackets | \$5.00 | \$7.00 |

- Polypropylene Shirts are strongly recommended for anyone in any type of weather. Polypro is made of a quick drying synthetic material that wicks water away from your skin while keeping you significantly warmer than cotton.
- WETSUITS W/polypro are recommended for children throughout the summer. The wetsuit is recommended for adults in late May and throughout June, or any other day that is cloudy or looks like it might rain.
- BOOTIES are good for those who like to keep their feet a warmer - your feet are submerged in the water at the bottom of the boat the entire trip. Also, these are great if you don't want to get your personal shoes wet.
- A Splash Jacket is an over-the-top, long sleeve water resistant layer, great any day, especially on rainy days and during high water. Helps keep the splashy water from penetrating.

#4 ARRIVAL AND CHECK-IN: For a more efficient check-in process please keep the following in mind:

- Brief your group on the most appropriate items to wear and rental options.
- We require that you make one payment at the front desk. **NO INDIVIDUAL PAYMENTS.**
- Release forms and Trip Registration (groups over 10).
 - Make sure participants have completed the Online Release Forms with appropriate signatures and contact information. Participants under 18 must have a parent's or legal guardian's signature. PDF or hard copy forms are available upon request.
 - Make sure that all participants are listed on the Trip Roster. Alphabetical order is recommended.

Upon arrival, THE GROUP LEADER SHOULD CHECK-IN AT THE FRONT DESK AND FIND OUT THE NAME OF THEIR NOAH'S TRIP LEADER. THE REST OF THE GROUP CAN COME IN AND GET RENTAL GEAR. NOAH'S ARK TRIP LEADER WILL THEN GIVE THE ENTIRE GROUP A PRE-TRIP ORIENTATION AND EXPLAIN YOUR ITINERARY.